Our Aim at Kulpi State School is:

Working together to ensure that every day, in every classroom, every student is learning and achieving.

The children have arrived back at school excited about the term ahead. It is always a pleasure for all of the staff to come back to work with our polite and enthusiastic students. We look forward to making every day count this term.

As well as finishing off with two further units of work in English and Maths (C2C) we have the last unit of Science for the year to complete. The second Geography unit will give the children the chance to build on the concepts introduced in the Term Three unit of work. Thursdays are always a day to look forward to as Mrs Jull and Mrs Gordon provide subjects which a contrast to our everyday work – this term we have a dance unit, a design (a decoration) unit, and also drama. The children will showcase their dances and drama piece at the end of year concert.

We continue with our cooking program – each Monday for four weeks the children will be making Christmas themed recipes, with some of the goodies being made for the concert to share with family and friends.

Our focus value for this term is safety, and it involves more than behaviours that keep us from being hurt. Safety also involves socially acceptable practices that allow children to work harmoniously alongside others. They learn the importance of washing hands well, and of staying in the set boundaries. Using equipment the way it is intended, and responding the right way to danger are all part of our safety curriculum.

Add in a few excursions this term and a Fun Food Friday and our term will no doubt fly!

We are looking forward to the journey,

Regards,

Rosita Lever

STUDENT OF THE WEEK

WEEK 1
Jack James
WEEK 2
Kate Ward

DATE CLAIMERS:

- Playgroup-every Friday 9.30-11.00 am
- P & C Meeting 9 November 2:30 pm
- Pupil free day 19 October
- HPE swimming starts 20 October
- Library bus 20 October
- MUSIC-Ukulele every Wednesday

WELCOME BACK!
**Cooyar Trail Bike Ride**

Cooyar Showgrounds Cooyar Rangemore Rd, Cooyar  
**Saturday 17th and Sunday 18th October 2015**

**Entry Fees**
- MQ Day Licence $10.00  
- Open $65.00  
- Sunday riders only $40.00  
- Novice $20.00  
- Pee Wee $10.00

**Details**
- Door Entry: Adults & High School Students $5.00  
- Primary School Students $2.00  
- (includes light supper, tea & coffee)

**Ticket Calling**
- Begins at 7pm
- $1 per sheet
- No ATM facilities so please bring cash.

**For Further Information, please contact:**
- Kait 07 4692 1274 or
- Leisa 07 4663 4702

---

**Maclagan Windermere Kindergarten Cent Sale**

Saturday 31st October 2015 Maclagan Memorial Hall  
**For advertising please email your items to**

1472_principal@eq.edu.au  
by the WEDNESDAY before Publication

**Please note we are not able to advertise events for individual profit**

**Newsletters are published fortnightly on Thursdays**

---

**2015 School Photo**

As discussed at the P and C meeting recently, school photos are ready for purchase. We thank Mrs Jull for taking on the responsibility for this task in 2015. If you would like an A4 sized photo, as below, on quality matte photo paper, please send $3.00 in a named envelope to school with the number of photo’s you wish to purchase written clearly on the front.

**Kulpi State Primary School 2015**

---

**Attendance**

94.21%  
Well done everyone – this is a good start to Term 4!

---

**Student Free Day**

**Monday 19/10/15**

Please note that children do not attend school on Monday 19/10/15 as teachers will be attending a pupil free day at Pittsworth with other teachers from the cluster.

This is a designated day across QLD State Schools which allows teachers to review children's samples of work and moderate them for consistency of marking/grading.

School resumes as normal on Tuesday.
Managing anger is the biggest emotional issue that most children face. Boys, in particular, seem so angry at the moment, and I’m not sure why. Currently, our community is undecided how to handle anger. In fact, anger is discouraged as we see no place for it in our homes, schools or the community. ‘People in a civil society don’t get angry’ seems to be the conventional wisdom so we bottle it up rather than express it healthily. The trouble is that anger handled in this way simmers away making a person unhappy and depressed, and it bursts forth in awful, uncontrolled ways.

Here are five ways to help boys (and girls) manage anger in healthy ways:

**Recognise it.** The first step is to help kids recognise they are angry. What are the signs? What are they thinking? We are all different but tension in the shoulders, restricted breathing and clenched teeth are common signs of anger.

**Name it.** Developing a vocabulary around anger is important. The more nuanced kids’ language is, the better. Annoyed, angry and enraged are very different emotions but are often described as the same.

**Choose it.** Help children recognise that they have a choice to stay in control or lose control when they get angry.

**Say it.** Encouraging children to express how they feel unless no-one gets hurt. The use of ‘I Statements’ is one way of letting others know how they feel. “I felt really mad when you say nasty things about me…” is one way of being heard.

**Shift it.** Help children shift their anger to a more pleasant and less energised place. Kids can shift their moods by modifying their anger or altering their physiology. They may go for a run, play a physical game or pour their anger into a protest letter to let their frustrations out.

The maxim of managing anger in healthy ways is: “There’s nothing so bad we can’t talk about it. However, there are behaviours we don’t engage in when we are angry.”

### Safety Focus

This term we are going to teach each of the behaviours that form part of our school value– be safe. These behaviours are discussed, agreed upon, modelled and reinforced when the children demonstrate them in the classroom and outside. Being safe is learned through practice of the behaviours and recognition of children’s efforts.

- Keep hands and feet to myself
- Walk on concrete
- Stay in the school grounds
- Leave toys at home

- Sit safely
- Walk inside
- Use equipment as intended
- Carry equipment safely

- Wear shoes and hat
- Sit while eating
- Use equipment as intended
- Walk on the stairs

- One person one cubicle
- Wash hands with soap
- Use toilets as intended

The time capsule that was lifted for the recent Centenary had many interesting items, and also precious family photos. We have had some enquiries about having these items returned. If you would like an item from the 1988 capsule returned to you, please call the school after the holidays on 46928239 and arrange a time to collect it. We will copy all items and store the 1988 collection for the next celebration, possibly in twenty five years’ time.